



A note from the office:

June 2026

We are flip flopping into summer!

Summer schedules for water play days starts June 2nd. Ones through Pre-K water play will be after AM snack, while school-agers will be from 1-3pm.

- Ones = Tuesday
- Twos, Threes & Yellow Squad = Wednesday
- Turtles & Green Squad = Thursday
- Pre-K & Orange Squad = Friday

Please remember NO outside food, if your child brings in food you can have them finish in the car quick or sit with them in the lunchroom to finish eating it. If food is brought into the classrooms, the staff will have to put the food in the cubby to go home or be thrown away.

All children enrolled need to have 2 blankets to nap with or 1 blanket and a crib sheet. Thanks for helping us out with this HHS regulation!

Staff Spotlight this month is **Miss Breonna**! She is always a team player and willing to help with any center needs. She is amazing in the one-year-old classroom, but is always willing to help in all ages! We appreciate her so much!

Lets soak up the sun!

Miss Erica & Miss Whitney

HAPPY BIRTHDAY

Jalen
Xante
Ember
Yamara

Ramsey
Maliyah
Joshua
Chloe

Caydence
JaNiyah
Beya
Miss Lexi



How to Help Your Child Understand and Label Emotions

Brooke Brogle, Alyson Jiron & Jill Giacomini

You can help your child expand her emotional vocabulary by teaching her words for different feelings. Once she knows and understands these words you can help her to label her own feelings and the feelings of others. For example, do you remember a time when your child had a meltdown at the grocery store or other public place? Perhaps you tried soothing your child by telling her to “calm down” and felt confused and unsure of what to do next when she continued the tantrum. Next time you can better help your child understand and deal with the emotions she is feeling by saying, “You look sad and disappointed. Sometimes I feel that way too. I wonder what we can do to feel better?” Teaching your child about her emotions can be a fun and rewarding experience and prevent challenging behavior from occurring in the first place.



Backpack Connection Series

About this Series

The Backpack Connection Series was created by TACSEI to provide a way for teachers and parents/caregivers to work together to help young children develop social emotional skills and reduce challenging behavior. Teachers may choose to send a handout home in each child’s backpack when a new strategy or skill is introduced to the class. Each Backpack Connection handout provides information that helps parents stay informed about what their child is learning at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model



The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional competence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. Programs that implement the Pyramid Model are eager to work together with families to meet every child’s individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information

More information and resources on this and other topics are available on our website, ChallengingBehavior.org.

Try This at Home

- Simply state how your child is feeling. “You look really excited! I see your eyes are big and your mouth is open.”
- State how others are feeling, “Wow, that little boy is really mad. I see he is crying and making fists with his hands. I wonder why?”
- State how you are feeling. “I am really frustrated that the lawn mower is broken. I think I’m going to take a break and come up with some solutions to this problem.”
- Use books as teaching tools. There is a huge selection of children’s books that focus on emotional literacy. Visit <http://csefel.vanderbilt.edu/resources/strategies.html#list> where you will find a book list, book activities and other resources for teaching emotional literacy.

The Bottom Line

Children with a strong emotional vocabulary:

- Tolerate frustration better
- Get into fewer fights
- Engage in less destructive behavior
- Are healthier
- Are less lonely
- Are less impulsive
- Are more focused
- Have greater academic achievement

Practice at School

Talk with your child’s teachers to see how they are teaching your child about emotions at school. Many emotions are seen and experienced at school. With adult help, children are taught how emotions look and feel on their bodies. Through books and real experiences, teachers show that a child looks sad because he is crying or mad because her fists are tight. As children begin to recognize what emotions look like, they can begin to manage their own emotions and show empathy toward others.



ChallengingBehavior.org



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Weekly Themes:

6/1 - 6/5	Ice Cream
6/8 - 6/12	Camping & Picnic
6/15 - 6/19	Father's Day
6/22 - 6/26	Circus
6/29 - 7/3	Happy Birthday USA

Stay in touch:



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buildingblockshome.com

Teacher Fun Fact

What is your favorite picnic food?

Miss Erica: Watermelon
 Miss Whitney: Grapes
 Miss Jessica: Sandwiches
 Miss Shantel: Fruit
 Miss Becky: Sandwiches
 Miss Yesenia: Ice Cream
 Miss Breonna: Sandwiches
 Miss Soraya: Strawberries

Miss Lexi: Cotton Candy Grapes
 Miss Yasmin: Strawberries Dipped in Chocolate
 Miss Hailie: Candy
 Miss Chloe: Turkey & Cheese Sandwich
 Miss Izabelle: Sub Sandwiches with Chips
 Miss Shelby: Strawberries
 Miss Mya: Fruit
 Miss Anna: Doritos

Photos of the Month



Love Our Center?

**HELP US
GROW!**

3 WAYS TO SUPPORT US ONLINE

- FOLLOW US ON FACEBOOK & INSTAGRAM
 - LIKE, SHARE, COMMENT & SAVE OUR POSTS
 - SCAN THE QR CODE & LEAVE US A REVIEW!
- WE APPRECIATE YOUR HELP!**



Health & Fitness Tips:

Outdoor Activities for Kids

- Fly a kite
- Photo scavenger hunt
- Set up a toy car car wash
- Attend a baseball game
- Visit a farmer's market
- Outdoor yoga
- Have a picnic in the park
- Enjoy backyard camping & stargazing
- Have a water balloon fight
- Host a lemonade stand
- Ride a bike around the neighborhood
- Create an obstacle course with sidewalk chalk
- Make bubbles with soap & water
- Start a small garden
- Go fishing at a local lake or pond
- Play soccer or kickball in the backyard
- Go on a nature walk
- Create puffy sidewalk chalk paint art
- Make ice cream in a bag
- Water balloon pinatas
- Create a road with chalk or painters tape for toy cars.
- Nature name collages
- Dance in the rain

WATER SAFETY TIPS



TEACH THEM EARLY

Teach children to get comfortable in the water, take swim lessons and educate them early about water safety.

ACTIVE SUPERVISION, BARRIERS, AND SIGHTLINES

Always actively supervise children when they're both in and around the water; ensure that pools are secured with appropriate barriers; and require children to swim within designated areas that are within sight of guardians and certified lifeguards. Parents should be within arms length of children.

WHO'S YOUR BUDDY?

Never let children swim alone; always designate swimming buddies before visiting the beach or pool.



WEAR SUNSCREEN

Protect your skin from sun burn and sunstroke by wearing hats and sunglasses and applying sunscreen of SPF 15 or higher and limiting direct exposure to sunlight for prolonged periods of time.



DON'T BE PUSHY

Instruct children to never run, push or jump on others in and around the pool.



I'M ON A BOAT!

Always wear a properly fitted US coast guard approved life-jacket (PFD- personal flotation device)



STAY HYDRATED

Ensure that kids drink plenty of fluids to stay properly hydrated, especially on hot days.

June 2nd is NATIONAL DONUT DAY

Celebrate with this non-traditional healthy 'donut' option.



INGREDIENTS:

- 2-3 apples
- Spread of choice: Peanut Butter, Greek Yogurt, Chocolate Hazelnut Spread
- Toppings of choice: Sprinkles, Chocolate Chips, Granola, Peanuts, Strawberries

DIRECTIONS:

- Slice the top and bottom of each apple and discard. Slice the apples into 1/2-inch circles. Use a small melon baller to cut a hole in the center of each to make a 'donut'.
- Top the apple rings with your choice of spread. Garnish each with a variety of the toppings.

Care-A-Lot

Here comes the sun. :)

We will be playing on the floor a lot to help the babies build strong muscles and hit their milestones. Speaking of milestones, **Violet** is working on sitting up and **Anastasia** is doing a lot of tummy time. **Jesyinia** is rolling over and moves all over the room! **Bennett** is sitting up and loving it! Keep working babies! You got this!

We love to play music and dance with the babies! One classroom favorite is *Baby Shark Doo Doo Doo!* We love to see all the babies smiles throughout the day! We have art planned for the month including something special for our dads!

Let's enjoy the summer!

Miss Jessica

Disney

Hello to longer days, warmer nights & a lighter heart!

We have new friends in the Disney room! We are loving getting to know all the new babies from the Care-A-Lot room who recently moved up.

We are having so much fun watching the babies work on and even reach some of their milestones. **Xante** is moving right along using walkers to walk all around the classroom. **Luna** is now crawling everywhere. **Jalen** is pulling himself up on things in the room and **Kentin** is using his voice and talking a lot. We here both mama & dada! Good job Disney babies!

Enjoy your summer!

Miss Becky & Miss Shantel

Bees

Welcome to one of the hottest months of the year!

This month the class will be learning about camping through play! They will also learn about picnics by trying different foods. We have fun art projects planned for this month, including something special for Father's Day! We plan to have a little science fun by seeing if items are heavy or not. We will practice our math skills by counting objects around the room.

Ryker's personality is coming out! We love the little person he is becoming! **Newton** has been helping and guiding his friends to and from places. What a great helper!

As a class, we continue to work on playing nicely together and being patient while we wait for our friends after meal times.

We hope this month brings outdoor fun for all!

Miss Yesenia

Ducks

We are jumping into June!

Summer is here and that brings us more outside time, walks and water play days. Watch for more details to be posted regarding water days! Please make sure your little one has a swimsuit, towel, sunscreen, swim shoes or sandals that can get wet, and sun hat! Please don't forget to label everything you bring into the center. This includes sunscreen and bug spray, if you want us to put them on your child before outside play!

We are proud of all the Ducks! We are working on sharing in the classroom and using our walking feet while inside the center. **Lily** loves to do art! We think she is going to be so creative when she gets older. **Renlee** is starting to stand and take steps/walk all on her own. Keep it up, Renlee!

Happy June!

Miss Soraya & Miss Breonna

Butterflies

Happy summer! We love this time of year and getting to spend time outdoors. We can't wait for water days with the kids!

This month we will celebrate our daddy's and the dad figures in our lives! Please join us for **Pastries With Parents on June 5th**, for pastries and activities with the kids.

We have a lot of fun activities planned this month, including lava lamps, sorting and counting magnets, art projects, walks, outside play & water days. Please watch for more details to come about water days! You will need to bring in a swimsuit, towel & sunscreen so your child can participate.

As a class, we continue to work on using our kind words, like "Please stop" and "No thank you". We are also working on using our walking feet inside the classroom and in the hallways!

Katialina is very kind. When we had a new friend start, she noticed him sitting by himself at play time and started handing him toys to play with and they became friends. Good job Katialina! **Loralynn** has been sharing toys with her classmates so well. We are so proud of you Loralynn!

Have a happy summer!

Miss Lexi & Miss Yasmin

Dragonflies

Hello parents! We are so excited for June!

We will be enjoying the outdoors more now with the warmer weather! Please make sure your little one has a swimsuit, towel, sunscreen, & bug spray, if you want them to participate in water days or outside play! They are allowed a water bottle for walks and outdoor play. Please make sure you label them.

We have a fun Father's Day craft planned to celebrate all our dads and father figures! We will also have fun playing with shaving cream. We will practice our math skills by counting objects around the classroom.

Please make sure your child has 2 blankets for nap time and a set of extra clothes for accidents or spills.

Lucy & Sophia are both doing so well with participating in circle time and classroom activities. We love to see kids engaged! Happy June!

Miss Haile

Caterpillars

We are ready to bring on the sun & fun!

This month we will be doing a lot of fun treats & food crafts. We will be making something special to celebrate our dads for Father's Day! The circus is one of our themes, so we will learn all about the circus, the animals and special acts you will see there. We will have a lot of fun outside, taking walks & enjoying water days. You will need to provide a swimsuit & towel for your child!

Please remember to check your child's cubby for any reminders on items that we may be running low on, for example diapers, wipes, extra clothes, swim stuff & sunscreen.

Ivan has been great with sharing and helping his friends. Thanks for your kindness. **Grayson** is always a big help in the classroom. He knows where toys go and he helps his friends pick up toys in the right bin and right spot!

Happy June!

Miss Chloe

Frogs

Summer fun coming soon....

The Frogs are so excited for summer, we can't wait to celebrate with our ice cream party! We look forward to honoring our dads and making fun art to give them to show our love. We're looking forward to water days and playing together outside with the water tables, sprinklers and bubbles. We will work on counting to 25 and will make cloud slime this month, too.

Don't forget to bring your sunscreen, a swimsuit and towel for your child to join in the outdoor fun. We also need 2 blankets for naptime and an extra outfit in case of spills or accidents.

Odalie, Masen & Melody have done so well communicating together and sharing stories about themselves. It's been so fun to watch their friendship blossom! **Benjamin** has really started to open up and communicate with the class.

Sun, sun, sun, we can't wait for our summer fun!

Miss Shelby

Pre-K

Welcome summer!

This month we will begin our tubes & tunnels study. We will learn about where we can find these in our daily lives. We will do a fun science project with oil & water making a lava lamp. We will practice our math skills with action patterns. We still have learning happening this summer for the kids, along with a lot of fun!

Miss Anna will be on vacation for the first week in June. We are sad to say goodbye to Miss Bonnie for the summer but PI has come to an end! Thanks Miss Bonnie for all your hard work and dedication to teaching the class!

Enzo and **Elliot** made a pizza shop! They took turns selling/making & buying/eating. It was so fun to see them work together as a team and friends. **Cadmin, Joy & Owen** all played hot potato together. They were able to sing the song/tune from memory and had so much fun!

Water days will start back up so watch for more details and bring in your swimsuit, towel & sunscreen! Your child is also allowed to bring in a water bottle for outside play! Don't forget to label them all!

Cheers to warmer weather!

Miss Anna

Turtles

Summer time has finally arrived!

Summer is when loads of new and fun activities, walks & field trips come into play! We will start up water days very soon. Be on the look out for what day and time we will participate! Please remember to bring sunscreen, bug spray, a beach towel and swimsuit for outdoor & water play. We will practice our math skills by finding leaves & counting their points/edges. For science fun, we will make blue jello with sea animals! We have a field trip planned on **June 9th** to the DQ for a sweet treat!

Jacob is always so kind to his friends. He makes sure everyone has a buddy to play with. **Jordan** has gotten really good with the learning materials in the classroom!

As a class, we are working on trading with peers, whether it's toys or crayons at the coloring station. We are also talking and learning about safety, how we can play with safe precautions.

Unit! next time!

Miss Izabelle

Lizards

Girls and boys just wanna have sun! Hello June!

This month we will be working on learning the months of the year and days of the week. We are also working on counting to 20! We will do a lot of fun arts & crafts planned, will make slime and will honor our dads this month too!

Evangelina has been very good at using her words and playing with all her classmates. She loves to make sure everyone has someone to play with. Thank you for being a kind kid!

Cheers to longer days and warmer nights!

Miss Mya

School-Agers

Summer is here!

Please be sure your child has a swimsuit, towel & shoes that can get wet for water days! We will have water days once a week starting up in June. Also, a reminder that NO toys are brought from home, we are NOT responsible for lost or stolen items.

Please watch for more details on summer field trips & activities. It will have a busy summer but so much fun! We plan to do a science activity with raisins & practice math with sidewalk chalk to keep the learning going!

Kynzlee is always very helpful in the mornings with helping a friend that needs some help/support to the bus and buckled. They really have become close friends. **Sofie** is always kind to both her classmates and her teachers! She always has a positive attitude and we love that about her!

We are ready for a great summer!

Miss Molly & Miss Kali

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 DISNEY Art Project BEES Math & Counting TURTLES Ice Cream Art ORANGE SQUAD Grandview Park	3 TURTLES Enjoy Ice Cream CATERPILLARS Ice Cream Art PRE-K Modeling Clay GREEN SQUAD Lewis & Clark Center YELLOW SQUAD Splash Pad	4 GREEN SQUAD Splash Pad	5 BUILDING BLOCKS Pastries with Parents 9:30 - 10:30am DISNEY Storytime Day BUTTERFLIES Enjoy Ice Cream ORANGE SQUAD Splash Pad	6
7	8 CARE-A-LOT Art Project DUCKS Fruit Loop Sensory Bin DRAGONFLIES Picnic Craft TURTLES Lemonade Art PRE-K Making Pizza ALL SQUADS North High Track	9 YELLOW & 1/2 GREEN SQUAD Rush Lanes (\$10) CATERPILLARS Ants on a Picnic Table TURTLES Field Trip Day PRE-K Walk to the Water Tower	10 YELLOW SQUAD Splash Pad ORANGE & 1/2 GREEN SQUAD Rush Lanes (\$10) DISNEY Art Project BUTTERFLIES Taste Testing Foods CATERPILLARS Campfire Art DRAGONFLIES S'mores Art TURTLES Outdoor Picnic	11 BEES Science Project PRE-K Make Oobleck GREEN SQUAD Splash Pad	12 DISNEY Storytime Day DUCKS Soap & Water Sensory Bin ORANGE SQUAD Splash Pad	13
14	15 CARE-A-LOT Art Project	16 BUILDING BLOCKS Lemonade Extravaganza 1:00 - 3:00pm DISNEY Art Project	17 BUILDING BLOCKS Corn Dog Company 11:00a - 1:00p	18 DRAGONFLIES Father's Day Art YELLOW SQUAD Stone Park Trails	19 DUCKS & CATERPILLARS Father's Day Art PRE-K Lava Lamps GREEN SQUAD Stone Park Trails	20
21 HAPPY FATHER'S DAY	22 CARE-A-LOT Art Project DUCKS Rice Sensory Bin PRE-K Obstacle Course GREEN SQUAD Sertoma Park	23 DISNEY Storytime Day CATERPILLARS Popcorn Art TURTLES Clown Art ALL SQUADS North High Track	24 TURTLES Puppet Show YELLOW SQUAD Splash Pad	25 DISNEY Art Project TURTLES Elephant Art GREEN SQUAD Splash Pad	26 ORANGE SQUAD Splash Pad	27
28	29 YELLOW SQUAD Riverfront Park	30 DUCKS Going on a Walk BUTTERFLIES & DRAGONFLIES USA Art Project PRE-K Splash Pad ORANGE SQUAD Riverfront Park	1	2	3	4 4TH OF July
					BUILDING BLOCKS is CLOSED today	