



Building Blocks

Preschool & Child Care

Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|----------------------------------|---------------------------------|----------------------------|---------------------------------------|
| Breakfast | | | | |
| Frosted Mini Wheats* | WW Toast* | Multi Grain Cheerios* | English Muffin* | Wheaties* |
| Milk-VitD/Skim | Pears | Milk-VitD/Skim | Mandarin Oranges | Milk-VitD/Skim |
| Orange Juice | Milk-VitD/Skim | Orange Juice | Milk-VitD/Skim | Orange Juice |
| AM Snack | | | | |
| Graham Crackers | Applesauce | Apples | Chex Mix* | Waffle* |
| Pineapple | Life cereal | GoldFish | Peaches | Peanut butter |
| Water | Water | Water | Water | Water |
| Lunch | | | | |
| Pizza Burgers Bun | Grilled Cheese | Spaghetti w/meat sauce | Parmesan Chicken | BBQ Hamburger in a bun |
| California Blend | Tomato Soup | Mixed Veggies | Bread stick Green Beans | Corn |
| Peaches | Saltines | Pears | Tropical Fruit | Applesauce |
| Milk-VitD/Skim | Mandarin Oranges | Milk-VitD/Skim | Milk-VitD/Skim | Milk-VitD/Skim |
| PM Snack | | | | |
| Yogurt Banana Slices Water | Pumpkin Muffin VitD/Skim Milk | Cheese it's Peaches Water | Oranges Kix Water | String Cheese Wheat Thins Water |
| | | | | |

*Whole Grain